

Florida Bicycle Touring Calendar

(VERY ABRIDGED! We're trying to cram it all in so you'll know what's coming up. Watch for early registration dates and use the contact information for more details about each ride.) Data is from a calendar maintained by Roger Pierce. To add an event to the calendar, e-mail to RCPbike@aol.com. See complete calendar at www.afn.org/~bike/FBTC

February 12-13 *West Palm Beach*

Brevet Series 2000: 300 km

186 mile Randonneur ride series that will qualify you for Boston-Montreal-Boston. Membership in Randonneurs USA (RUSA) is required for all but the first two rides (200 and 300 km). Jim Solanick, (561)433-8796. Email: ride-more@juno.com.

Feb 13 (Sun) *Boca Raton*

Tour of Boca

Police-escorted. (monthly). Registration starts at 12:30 pm, ride at 1 pm; fee: \$2. Start at Patch Reef Park. Helmets required. (561)416-3410 BRBC hotline. Email: buri@bellsouth.net.

February 19-20 *Brooksville*

SWAMP Romp '00

Croom Mountain Bike Trails. 2-nights camping, pancake breakfast Sat & Sun, hot lunch & BBQ dinner Sat. Entertainment Sat night, deli lunch on Sun. rides Fri. night, Sat. day and night, and Sun. for all skill levels, canoeing Sun. afternoon. Price about \$60. Reservations required, Email: CdaleKid@GTE.net. www.SWAMPclub.org.

February 27 (Sun) *Miami*

Snowbird Century

25/62/100 mile routes through rural Redlands and Homestead areas of southern Dade County. Rest stops. Everglades Bicycling Club. Registration forms/info: Fifi or George Derby, email. Everglades Bicycle Club, PO Box 430282, South Miami FL 33243. Email: GFDerby163@aol.com.

March 4-5 *West Palm Beach*

Brevet Series 2000: 400 km

See Feb. 12-13 listing.

March 12 (Sun) *Weirsdale*

Lake Weir Kiwanis Tri-County Tour
20/40/60/100 mile route through hills of Marion, Lake, and Sumter counties. (100 mile route includes a loop through the Ocala Nat. Forest.) Start/end at Kiwanis Beach, Lake Weir in Weirsdale. Early registration \$15 (by Mar. 3) includes T-shirt. Well stocked rest stops, SAG support. Late/day of ride: \$20 (T-shirt if available). An optional post-ride chicken dinner served 11am-1:30pm (\$5/ea). As a last resort call Glen (352-821-4653) or Julie (352-624-9237). Email: IDDTriTour@aol.com or www.afabinc.com/kiwanis-tour.htm

Mar 12 (Sun) *Boca Raton*

Tour of Boca

See Feb. 13 listing.

March 18-19 *Vero Beach*

Breast Cancer Ride for Life

135 mi. to Daytona Beach with a stop in Cocoa Beach. Hotel Rooms Provided. \$500 minimum funds raised. Breast Cancer Ride For Life, PO Box

442, Goldenrod FL 32733. (407)677-4728. Email: cancer@estefan.net or www.rideforlife.org

March 19 (Sun) *Fort Myers*

Royal Palm Classic

100/62/45/15 miles. \$20 includes T-shirt, rest stops, SAG. Start 8 AM from Buckingham Park. I-75 Exit #23 to signs. Ride beautiful country roads and benefit breast cancer awareness. Caloosa Riders, PO Box 870, Fort Myers, FL 33902. (941)549-1366. Email: Bipsycho@peganet.com

March 31 - April 2 *Orlando*

Walgreens Ride 2000

A 3-day, 275 mile journey from Orlando to South Florida to support the Florida AIDS Consortium. Fundraising goal for each rider is \$1250. 888-658-2453 www.redribbonride.org/.

Apr 1-6 *Gainesville FL*

Bike Florida 2000 "Springs Training"

40-65 miles/day with longer options avail. 4 or 6 day fully-supported. Overnight in Gainesville, Branford, Chiefland. Late fee after March 15. BIKE FLORIDA, Box 451514, Kissimmee, FL 34745. (407)343-1992. Email: info@bikeflorida.org or www.bikeflorida.org.

April 2 (Sun) *Palmetto*

12th Annual Spring Classic

19/32/62 mi thru Manatee County. Begin/end at Manatee County Fairgrounds, Palmetto. Organized by the St. Petersburg Bicycle Club. Email: Maccelt@AOL.com.

April 8 (Sat) *Brooksville*

Clean Air Bike Ride

Benefits American Lung Assoc. Biking along the Withlacoochee State Trail. Ridge Manor Trail Head, one mi. east of I-75 at SR 50 (exit 61). 12/20/48/100 mi. \$20 (\$10/children 12 and under) includes t-shirt, map, food at SAG stops. Clean Air Bike Ride, 6170 Central Ave, St Petersburg FL 33707. 800-771-5863. Fax (813)345-0287. alagfwb@aol.com www.tampacycle.com/cleanair/cleanair.htm.

April 8-9 *West Palm Beach*

Brevet Series 2000: 600 km

372 miles. See Feb. 12-13 listing.

April 9 (Sun) *Plant City*

18th Annual Strawberry Century

Times: Day of ride registration 6 a.m. Ride start 7:15 a.m. \$23 advance includes long-sleeve T-shirt / \$25 day of ride. Rides: 19/31/62/100. See ad on page 11.

April 14-16 *Monticello GA*

BRAG Spring Tune-Up Ride

PO Box 87111, Stone Mtn. GA 30087-0028. fax (770)935-1918. Email: braghq@aol.com or www.brag.org

Apr 15-16 *Quincy*

19th Annual TOSRV South

Tour of Southern Rural Vistas. 200/126/56 miles in two days from Quincy, Fla to Albany, Ga and back. Well stocked rest stops, all meals, marked route with SAG service, t-shirts, free accommodations at high school (hotels available). TOSRV South Director, Capital City Cyclists, P.O. Box 4222, Tallahassee, FL 32315-4222. CodyScarp@talweb.com www.realflorida.net/ccv/tosrv00.htm

April 15-20 *Live Oak*

Y2K Florida Bicycle Safari

Three/six days over some of the best cycling roads in N. Fla & S. Ga. Routes staffed all day with sag wagons. Rest stops every 15-20 mi. Fla. Free-wheelers. PO Box 916524, Longwood FL 32791. 407-788-BIKE, fax 407-788-RIDE. ffwclub@aol.com or www.FloridaFreewheelers.com.

April 22 (Sat) *West Palm Beach*

Brevet Series 2000: Fleche

24 hours. Randonneur ride series. See Feb 12-13 listing.

Apr 29-30 *Miami*

Breakaway Key Largo MS 150

\$30.00 registration (before 2/25) min. pledge \$200.00. A 2 day ride to benefit MS from Miami to Key Largo and back. Rest stops, sag wagons, more. Camping avail. Contact Monica, S.Fla Chapter. National MS Society, South Florida Chapter, 7933 NW 53 St., Miami, FL. 33166. Phone (305)599-0299 fax (305)592-6674. Email: MS150PUB@aol.com.

Apr 30 (Sun) *Jacksonville (Neptune) Beach*

Tour de Forts

New route on new day to Fort Clinch (Fernandina Beach). Return by Mayport Ferry. Leaves from Fletcher HS in Jacksonville Beach. Special hotel rates, non-rider activities. Tour de Fort, Box 550963, Jacksonville, FL 32255-0963 (904)721-5870 or <http://personal.jax.bellsouth.net/jax/c/t/c/tburns/nfbc/> or Email: EHFS@aol.com.

May 4-7 *Live Oak*

Suwannee Bicycle Festival

5-100 mi. Rides: pedal & paddle, pedal & saddle, swim, picnic, historic, hydroponic farm, ecology, zoo, etc!! Sags, rest stops, Ride Leaders Maps, Lunch deliveries, T-shirts Th-Sun, 8 meals: \$112, Fri pm-Sun, 6 meals: \$98, One day (no camping - 3 meals) \$50 Reg. deadline: Apr 17, SBF, PO Box 2944, High Springs FL 32655. (904) 454-3304 (Lys) Email: myhosack@prodigy.net, www.suwanneebike.org

May 7 (Sun) *Cocoa Beach*

Cross Florida

One of the most challenging one-day rides in the country. Not for novices.

170 flat to moderately hilly miles.

SAG Support with fruits, water, sport drink and light snacks. Before Apr. 15: \$30; Apr. 16-May 2: \$30 (no T-shirt); Ride Day May 3: \$35 (no T-shirt). Early check-in Sat., 10 am to 5 pm at Cocoa Beach Community Church. Return transportation available: \$20. Availability guaranteed only for entries by Apr. 15 deadline. Contact: JKGBikes@aol.com.

May 7 (Sun) *Piedmont AL*

Cheaha Challenge Century+

Up to 110 miles of pleasant country, good roads and killer steps if you want them. Sponsored by the Northeast Alabama Bicycle Club. Email: Mike.Poe@SouthTrust.com Mike Poe. www.free-host.com/challenge.

May 13-14 *West Palm Beach*

Brevet Series 2000: 1000 km

620 miles. See Feb 12-13 listing.

May 20 (Sat) *Spartanburg SC*

Assault on Mt Mitchell

102 miles, extremely challenging. Shorter Assault on Marion ride is an option. Spartanburg Freewheelers, PO Box 6171, Spartanburg SC 29304. <http://members.aol.com/TheAssault/> or www.polkcounty.org/mitch/assault.html

June 2-July 7 *Tallahassee*

Bike South 2000

Six states. See page 16.

June 2-8 *Tallahassee*

Bike Florida 2000 Florida Panhandle

Florida leg of Bike South 2000. Tallahassee to Floral, AL. 55-70 mi/day. (407) 343-1992 or e-mail info@bikeflorida.org (www.bikeflorida.org) for info and registration form.

June 9-15 *Floral AL*

Bicycle Across Magnificent Alabama (BAMA)

Ala. leg of Bike South 2000. To Eufala. BAMA, P.O. Box 2286, Anniston, AL 36202-2286. Email: bigoli@traveller.com. www.bikebama.com/.

June 11 (Sun) *Carrollton GA*

West Georgia 100

12/25/50/66/100 miles. Start at Univ of West Georgia. Proceeds benefit the American Heart Association. Allen Griffin, Perpetual Motion Bicycles Inc., 1002 Maple Street, Carrollton GA 30117. (770)834-3278, fax (770)832-9578. Email: thefolks@wga-net.com. www.wga-net.com/bicycles/events.html.

June 16-22 *Eufala AL*

Bike Ride Across Georgia (BRAG)

Seven day ride to Savannah. Third leg of Bike South 2000. BRAG, PO Box 87111, Stone Mtn. GA 30087-0028. Phone (770)921-6166, fax (770)935-1918. Email: braghq@aol.com or www.brag.org

June 23-30 *Savannah GA*

Cycle South Carolina and North Carolina

Fourth leg of Bike South 2000. <http://members.aol.com/cyclecsc>.

Aug 4-6 *Live Oak*

Dog Days Pedal & Paddle

Suwannee River State Park 9 miles west of Live Oak. Combines both on and off road cycling in the cool(er) morning hours with water-based activities in the afternoon. Registration incl. event admin., group camping, maps, event services, sags, ride staff, evening entertainment, and unlimited tubing during the weekend. Optional meal plan for the weekend. Limit: 200. Suwannee Bicycle Association, PO Box 247, White Springs FL 32096. 904-397-2347. Email: WPburden@aol.com. www.suwanneebike.org/.

Sep 22-24 *Kissimmee*

2nd Annual Bike Florida "Share The Road" Rally & Expo

(in cooperation with FBA) in historic downtown Kissimmee at Lake Toho. Recreational rides, bike expo booths, film festival, demonstrations, FBA's annual meeting. Rides from 10-100 miles. Email: info@bikeflorida.org www.bikeflorida.org/

2000 *Gainesville Cycling Festival*

Two centuries in two days (see below)! (Or enjoy the shorter options for a weekend of bicycle touring.) Send your snail mail address to RCPBIKE@aol.com; we will send you our brochure and an entry application in August.

Sep 30 (Sat) *Gainesville*

8th Annual Saturn Santa Fe Century

A tour through the lush forest and pasture land north of Gainesville up through the Santa Fe River valley. \$15 until Sep 23 then \$20. T-Shirts are \$10. A pancake breakfast will be served before the ride for \$5.

Oct 1 (Sun) *Gainesville*

20th Annual Horse Farm Hundred

The Gainesville Cycling Club's tour through the picturesque horse farms of northern Marion county. We have the best stocked rest stops in Florida! 102/45/30/25 mi. \$15 until Sep 23 then \$20.

Nov 10-13 *White Springs*

Florida Fat-Tire Festival

"Florida's Largest Fat-Tire Festival." Suwannee Bicycle Association, PO Box 247, White Springs FL 32096. 904-454-2768. Email: beckersa@yahoo.com www.suwanneebike.org/

Not Just T-shirts

By Bill Boyd

Over the years, I've collected drawers full of T-shirts from bike tours I've taken. For some reason, my wife thinks I should discard those I no longer wear.

When I took a crack at this, she saw what I was doing and gave me one of those "It's about time." looks. Spying the stack of Florida Bike Safari shirts, she said: "Surely, you don't need five of those!"

Sorting through the T-shirts brought back memories. Six years ago I went to my first Safari as a means of getting in some spring miles and seeing a friend I met on a tour the year before. (Yes, there are six T-shirts and no, I didn't bring that to my wife's attention.)

The Safari has become a staple of each subsequent year and I'm looking forward to my seventh one in April 2000. In my opinion, it is one of the best tour values available.

Looking back over the years, I'm amazed at how much the Safari has changed.

That first ride, for me, went to a different location each day. This changed to moving every day except the two days that had 100 mile options. The current format stays in two locations for three nights each.

With two to three distance options each day, all riders can find a suitable distance option.

This format provides more time for socializing and takes less time for tenting activities while still providing adequate variation in the daily rides.

Looking at the T-shirts laid out before me, I think of all the people I've met at the Safari. This is, perhaps, the main reason I go back each year. In fact, I've talked many friends from other rides into attending the Safari. This has given me the best of two worlds, making new friends and seeing old friends from the Safari and other rides.

Three of my Safari T-shirts represent years that one of my sons joined me. Rare moments when I've been able to spend a lot of time with him since he grew up and started his own family.

I found it's harder to throw my Safari T-shirts away than I thought it would be. Looking them over, I realized they're not just T-shirts, but fond memories too.

Florida Bicycle Maps

By Dwight Kingsbury

The Northeast Florida Regional Planning Council released its new 4-map series of north-eastern cycling routes.

These maps are among the most beautiful and useful for bicycle touring I have seen.

These maps include a scale for evaluation of distances and indicate shared use paths and off-road trail areas.

Images are sharp and color-coding is reader-friendly. Detail maps highlight towns and popular cycling areas; sidebars describe points of interest.

Here is the complete Florida bicycle map catalog, Holiday 1999 edition:

Northeast Florida series

1. Baker, Nassau & Duval, with detail maps of Macclenny/Glen St. Mary and Amelia Island.
2. Clay and Putnam, with detail maps of Orange Park, Green Cove Springs, and Palatka.
3. Flagler and St. Johns, with detail maps of Palm Coast and St. Augustine.
4. Duval, with detail of downtown Jacksonville.

North Central Florida series

1. Alachua, Bradford & Union
2. Columbia, Hamilton & Suwannee
3. Dixie, Levy & Gilchrist
4. Lafayette & Taylor

County bicycle maps

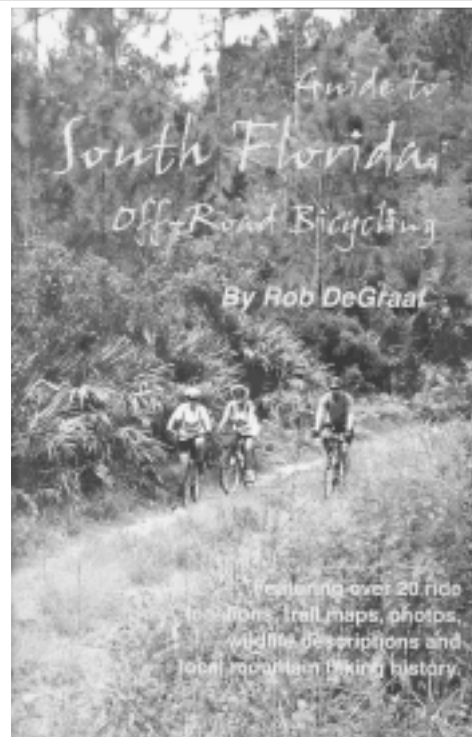
1. Broward
2. Miami-Dade (limited quantities)
3. Palm Beach (eastern)
4. Polk (excellent touring)
5. Sarasota

City and urban area bicycle maps

1. Fort Walton Beach urban area
2. Gainesville
3. Naples
4. Panama City urban area
5. Tallahassee

Just send me a mailing address, and specify which maps you want. There is no charge.

Dwight Kingsbury
FDOT/ Pedestrian & Bicycle Program
605 Suwannee St MS 82
Tallahassee, FL 32399-0459
850.487.1200
dwight.kingsbury@dot.state.fl.us



Guide to South Florida Off-Road Bicycling

by Rob DeGraaf

*First ever South Florida regional MTB trail guide
Written by a local expert! Includes:*

⌘ Maps ⌘ Photos ⌘ Detailed descriptions
⌘ Local mtb history ⌘ Over 20 off-road rides ⌘ Directions

www.geocities.com/pipeline/9330/sflgde.html

12803 Thonotosassa Road, Dover, FL 33527

813-986-2128 Rdegraaf@gateway.net

\$12 (incl. S&H) - Mail check payable to Rob DeGraaf. Bike shops! Wholesale avail.

Portion of proceeds benefits the Florida Bicycle Association

2000 FLORIDA TRAILS AND GREENWAYS CONFERENCE

May 18-20, 2000

At The
BELLEVIEW BILTMORE
RESORT AND SPA
Clearwater, Florida

Creating a New Landscape for Florida

The Rails-to-Trails Conservancy Florida Field Office, in partnership with Office of Greenways & Trails, Pinellas County, & The National Park Service, is excited to offer this opportunity to help you connect with new ideas and new forces in the trails, greenways, bicycle/pedestrian, transportation, parks planning, design, health, eco-tourism, and community development arenas.

Come to Pinellas County and see what trails can bring to your area.

To receive early registration materials and more conference information please contact us at (850) 942-2379 or e-mail: rtcflorida@transact.org

Exhibitor space will be available at the conference, call the number listed above for exhibitor information.

Definition of 'Roadway' a Factor in Citation Errors *By Dwight Kingsbury*

Frank Bostwick reported in the July West Palm Beach Bicycle Club Cycletter:

"Lou [Satterlee] was struck by a motorist and knocked unconscious... while he was training alone. His bike was totalled and he suffered extensive road rash and bruises..."

"An eyewitness...stated he was riding to the left of the 'fog line.'

"In [316.2065, F.S., we read]: 'A bicyclist who is not traveling at the same speed as other traffic must ride as close as is practicable to the right-hand curb or edge of the roadway.'

"Does that 'roadway' edge mean where the white line lies or where the grass meets the 'roadway?'"

"The driver of the car which knocked Lou off the road and demolished his bike was not ticketed. The investigating trooper at the scene told Lou he was supposed to be to the right of the fog line. That's the reason the motorist was not at fault, the trooper claimed..."

[Sound of Ped/Bike error buzzer]

Actually, the fog line marks the legal edge of an uncurbed roadway in Florida.

"Roadway" is defined in F.S. Chapter 316 as: "That portion of a highway improved, designed, or ordinarily used for vehicular travel, exclusive of the berm or shoulder."

You can read this at www.leg.state.fl.us/citizen/documents/statutes/1998/ch0316/SEC003__HTM#0316.003

Since the shoulder is not part of the roadway, there is no statutory basis for requiring cyclists to ride to the right of the fog line.

Other Laws on Books Should Protect Cyclists' Rights

By Theo Petritsch, P.E., Florida Ped/Bike Coordinator

There are two other statutes which absolve the cyclist:

"The driver of a vehicle overtaking another vehicle proceeding in the same direction shall pass to the left thereof at a safe distance and shall not again drive to the right side of the roadway until safely clear of the overtaken vehicle." F.S. 316.083 (1) and

"Special hazards.—The fact that the speed of a vehicle is lower than the prescribed limits shall not relieve the driver from the duty to decrease speed when approaching and crossing an intersection, when approaching and going around a curve, when approaching a hill crest, when traveling upon any narrow or winding roadway, or when special hazards exist or may exist with respect to pedestrians or other traffic or by reason of weather or other roadway conditions, and speed shall be decreased as may be necessary to avoid colliding with any person, vehicle, or other conveyance on or entering the street in compliance with legal requirements and the duty of all persons to use due care." F.S. 316.185

"When the spirits are low, when the day appears dark, when work becomes monotonous, when hope hardly seems worth having, just mount a bicycle and go out for a spin down the road, without thought on anything but the ride you are taking."

— Arthur Conan Doyle

Pedaling into the 21st Century

By Kenneth R. Wykle

Administrator, Federal Highway Administration

President Clinton and Vice President Gore have established the development of liveable communities as a top priority for the Administration.

Liveable communities — places where people can work together to improve the quality of their lives — means encouraging development patterns that give people safe, accessible and convenient transportation choices. Those are, by definition, friendly to bicycling.

Following the strong direction from the President and the Vice President, government agencies have begun to view bicycling as a serious part of our national transportation system — a transportation choice instead of a recreational activity only. And more and better things are coming for bicycling in the future.

Under the leadership of the Federal Highway Administration (FHWA), federal spending for bicycle and pedestrian projects has increased from about \$4 million in the late 1980s to an average of \$160 million a year in the 1990s (\$239 million in 1997).

In addition, significant amounts of money are being invested by state and local governments to improve conditions for bicycling.

The Transportation Equity Act for the 21st Century (TEA-21), which President Clinton signed into law last year, holds even greater potential for funding bicycle facilities and programs.

State and local transportation planning agencies also are more aware of the demand for facilities that will allow people to bicycle and of the environmental, economic and congestion-relief benefits of bicycling. As a result, we expect a continued surge in bicycle facility investment as an alternative to the investment of the past, which too often excluded bicycling as a choice.

We have made tremendous progress in the last few years. More American adults are riding bikes and walking. But we must continually focus on our number one priority — safety — while at the same time creating an environment that encourages bicycling and walking.

Our goal is to double the percentage of trips made by bicycle and foot while reducing the absolute number of fatalities and injuries involving bicyclists and pedestrians by 10 percent. We have found that more than one-fourth of all travel is one mile or less and 53 percent of all people live within two miles of a public transit route. These short trips hold tremendous potential for increasing the amount of bicycling.

To reach our goal, we will be reaching out to the state and local officials who are

responsible for making most transportation decisions under our program. We will be encouraging them to consider bicycling when they write their plans and we will be developing procedures that will require that consideration in a systematic way.

Today, at FHWA, we are approaching transportation with a new perspective that will produce more consideration and more access for bicyclists. We have a new vision that says that the super-highway is not always the answer.

The quest for road improvements does not always have to result in a huge, multi-lane road that leaves little or no room for bicyclists and pedestrians. Instead, a well designed highway can balance the needs of bicyclists and motor vehicle traffic.

While FHWA will continue to provide leadership from Washington, bicycling advocates must make their voices heard at the state and metropolitan planning levels. The legislation of the 1990s opened the door of the planning process to public involvement. Our guidance to the planning organizations will ensure that bicycling and walking are given consideration. However, it is up to bicycling advocates to participate and to make sure that what is planned is well designed and maintained.

In the federal transportation program, funds are distributed in general categories to state transportation departments and metropolitan planning organizations. Bicycling projects are broadly eligible for funding from most of the major federal-aid highway, transit, and safety programs.

Decisions to allocate these funds will continue to be made at the state and local level, but we will through consultation strongly encourage the funding of bicycling facilities and programs. TEA-21 not only directs consideration for bicyclists in the planning process but it also requires consideration of bicycle facilities in conjunction with all new construction and reconstruction of transportation facilities, except where bicycling is explicitly not permitted. We hope that prohibition will be applied to a dwindling number of places and only on a sound safety basis.

Bicycling is economical, environmentally sound and healthy. It can and should be an available alternative for people to get around whether it is to work, school, shopping or visiting friends. People shouldn't have to use a gallon of gasoline to get a quart of milk. Increased use of bicycling as a means of transportation also will help protect the environment, reduce traffic congestion and develop more liveable communities.

If we are to reach our goals, bicycle advocates must become involved in the planning process at the state and local levels. By making planners and other decision-makers in all 50 states aware of the demand for bicycle facilities, we can develop a better transportation system and, ultimately, a better nation.

Today, at FHWA, we are approaching transportation with a new perspective that will produce more consideration and more access for bicyclists.



Florida Bicycle Messenger
P.O. Box 1547
Orlando, FL 32802

Nonprofit Org.
U.S. Postage
PAID
Permit #297
Winter Park, FL

Correction

On page 10 of the Fall/Winter 1999 edition of the *Messenger* we mistakenly identified the trademark logo of the Friendship Trail Corp. with an activity of the Bay World Public Trust, Inc. The two organizations are entirely separate and any implication of endorsement or cosponsorship through our erroneous juxtaposition of the Friendship Trail logo with the Bay World Public Trust, Inc., was unintentional.



Jun 2-Jul 7

Six states, five rides, combined into one great tour beginning with Bike Florida at Tallahassee (Bike Fla., BAMA, BRAG, Cycle S/N Carolina, Bike Virginia). Av. 55-65 mi./day, rest

days built in. Full support, luggage transport, camping incl., opt. motels. Food extra. Shuttle from end (Charlottesville VA) to Tallahassee avail. Cost: \$1,000 (\$500/child) Bike South 2000, P.O. Box 871103, Stone Mountain, GA 30087-0028. (770) 921-6457 BikeSo2000@aol.com

Cape Coral Parks and Recreation Department Offers

EFFECTIVE CYCLING COURSES

Bicycling for recreation and transportation is more popular now than it has been for several decades. With this growing participation in cycling, comes the risk of increased accidents and injuries. The League of American Bicyclists is responding with a bicycling education program, Effective Cycling. The instructor, Crystal Allred, ECI #571 is a certified Effective Cycling Instructor by the League of American Bicyclists.

Effective Cycling - ROAD I

Foundational course and prerequisite to all other Effective Cycling courses. Principles of vehicular cycling, bicycle selection and fit, helmet use, basic bike handling skills, traffic rules and responsibilities, and minor maintenance skills are included. Fee includes workbook and handouts. You are responsible for bringing a bicycle in good working order and a helmet.

Lunch is on your own (bring your lunch). Preregistration is required. For more information call 941-574-0801.

Age	Day(s)	Dates	Time	Classes	Fee
16+	SAT	2/5, 2/12	9a-1p	2	\$30

Location: Parks and Recreation Administration Building

Effective Cycling - ROAD II

For intermediate riders who want to enhance their riding skills and become more proficient with bicycle maintenance. Fee includes workbook and handouts. You are responsible for bringing a bicycle in good working order and a helmet.

Lunch is on your own (bring your lunch). Preregistration is required. For more information call 941-574-0801.

Age	Day(s)	Dates	Time	Classes	Fee
16+	SAT	2/26, 3/4, 3/11	9a-1p	3	\$30

Location: Parks and Recreation Administration Building

The mission of the Florida Bicycle Association (FBA) is to serve the interests of Florida's bicyclists through education and advocacy.

The Florida Bicycle Association was incorporated in 1997 for educational and charitable purposes. FBA is a nonprofit, tax-exempt corporation under Section 501(c)(3) of the Internal Revenue Code. Donations, including membership dues, are tax deductible. A copy of the current financial statements may be obtained by contacting FBA, P.O. Box 1547, Orlando, FL 32802. See below for information on joining FBA.

The *Florida Bicycle Messenger* is published quarterly as a service to members and advocates for a bicycle-friendly Florida by the Florida Bicycle Association, P.O. Box 1547, Orlando, FL 32802. www.floridabicycle.org; e-mail: carol@floridabicycle.org; Phone: 407-898-4137.

Membership in FBA includes a subscription to the *Messenger*.

The *Messenger* accepts and welcomes your advertising! Please contact the executive director for rates and specifications. Publishers reserve the right to review advertising content and to reject advertising that, in the opinion of the Association, is neither in the best interest of FBA's members nor its goals and objectives. Although we carefully review articles and information submitted, FBA is not responsible for the accuracy of information contained herein unless explicitly stated as official policy of FBA.

© 2000 Florida Bicycle Association
All rights reserved.

Add your voice
for the future
of bicycling
in Florida.

JOIN FBA TODAY

Membership includes
the *Florida Bicycle
Messenger!*

Name: _____ E-mail: _____

Address: _____

City: _____ State: _____ Zip: _____

Tel (H) _____ (W) _____

Bike Club Affiliation(s): _____

Member Category: \$50/supporting \$20/individual \$30/family

\$ _____ /Other

Ride Preferences: On-road Off-road Touring Racing Commuting

May we contact you about volunteer opportunities? Yes No

List any special skills or interests: _____

I am interested in participating in FBA's Bicycle Bed & Breakfast program as a host for traveling FBA members Send me information.

Charge my Visa MasterCard Am. Express

Card No: _____ Expires: _____

Signature: _____

Please make checks
payable and mail to:

Florida Bicycle Association, Inc.
P.O. Box 1547, Orlando, FL 32802